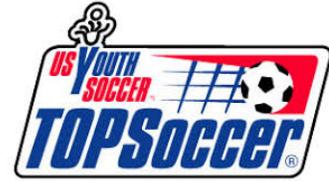


## RETURN TO COMPETITION REQUIREMENTS

- The requirements set forth for return to competition are requirements, not guidelines.
- Coaches, Players and Parents are responsible for reviewing and complying with these requirements.
- Each team should identify at least one individual to serve as that team's COVID-19 Coordinator. The Team COVID-19 Coordinator will assist the team and parents comply with these requirements.
- Spectators should be limited as much as possible and should remain on the half of the sideline opposite from their child's team.
- **FAILURE OF SPECTATORS TO COMPLY WITH THESE RULES WILL RESULT IN THOSE SPECTATORS BEING ASKED TO LEAVE**
- The Return to Play Requirements are divided into two parts: (1) Field Setup and Management; and (2) Competition Rules



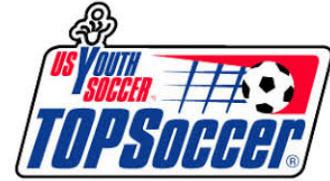
## Field Setup & Management

### Facility Layout

1. Fields will be laid out and marked to ensure the maximum distance between adjacent fields.
2. Each field will include a line eight feet from the touchline behind which spectators must remain.
3. Signs reminding everyone of the masking and social distancing requirements will be placed at each entrance from the parking lot to the field area and two at each field (one at each half on the spectator side).
4. Porta Potties in use will be spaced throughout the complex will have signs posted on the outside to maintain social distance while waiting.
5. Game times will be spaced to the maximum extent possible to accommodate arrivals, departures, and equipment cleanings.
6. There are no concession or locker room facilities.

## COVID-19 SAFE PRACTICES SIGN



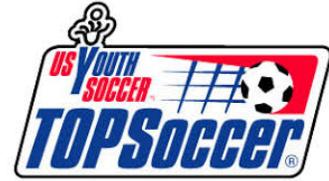


## COMPETITION RULES

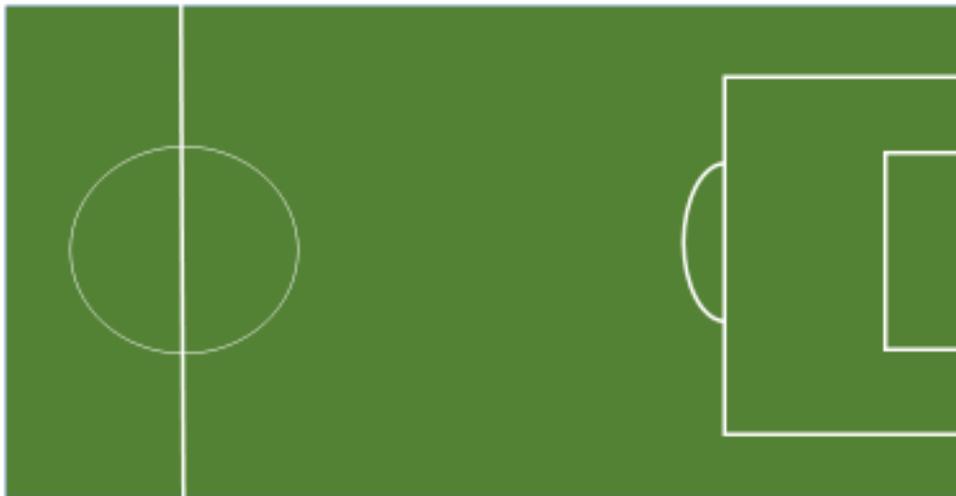
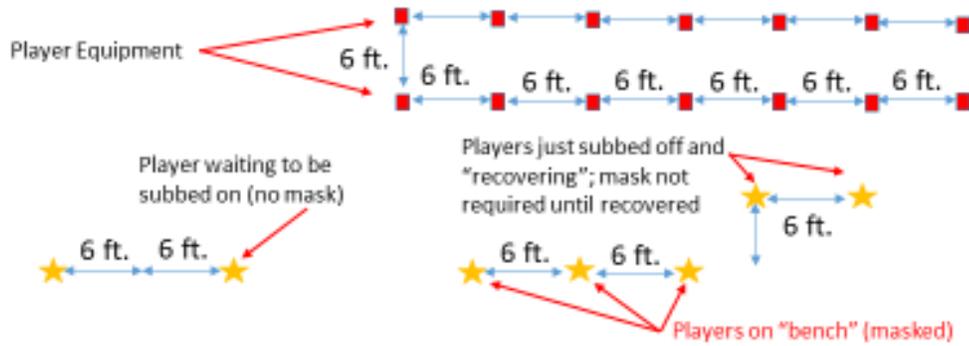
### **IF NOT ACTIVELY PARTICIPATING IN SOCCER ACTIVITIES, MASKS MUST BE WORN AND SOCIAL DISTANCING MUST BE MAINTAINED.**

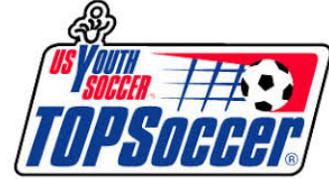
#### Arrivals

1. Players must complete Health Screening Questionnaires prior to arrival confirming no fevers; no COVID-19 symptoms; and no exposure to individuals with positive COVID-19 tests.
2. All equipment (Flags, Balls, Team Benches and Cones) should be disinfected prior to the start of match activities.
3. Tents, canopies, or fold-out benches are not allowed for teams or spectators to avoid congregating.
4. Players must arrive to the facility dressed to play.
5. Players and referees must bring their own equipment (hand sanitizer, water bottle, towels, etc.) that should not be shared between individuals.
6. All personal apparel should be cleaned and properly stored after training and competitions. This includes cleats, shin guards and headbands.
7. Players and spectators should not enter field area and remain at cars until all participants from prior game have departed.
8. All bags, water bottles and other personal equipment must be placed in a designated area and must be spaced at least six feet from any other player's equipment.
9. Socially distanced areas for recovering following substitutions must be identified and marked with cones.
10. Socially distanced "bench areas" should be identified with cones 6 feet apart.
  - a. Example layout for bench areas shown below
11. Players should not pickup field equipment, move goals or handle other equipment.
12. Players and coaches must remain masked until warm ups begin.
13. Team coordinators must maintain a record of players attending each game (i.e. ensuring TeamSnap availability tracks actual participation).
14. **Spectators must wear a mask at all times.**



## SAMPLE BENCH AREA LAYOUT



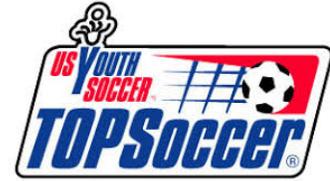


## Warmups

1. Warmups cannot begin until previous teams have left the field and equipment and benches have been properly sanitized.
2. On Field setup for warmups should aim to use minimal equipment.
3. Competition warmup requirements:
  - a. Coaches should not be within six feet of any player
  - b. Progression between warm-up drills should be set up prior to the players arriving to the field.
  - c. Players should not touch any equipment.
  - d. Maintain as much social distance as possible during warmup.
4. Participants must avoid intentionally touching each other, this includes hugs, high fives or huddles.
5. If match balls are used during warmups, they should be re-sanitized before the match.

## Pre-Game Activities

1. The coin toss will be socially distanced.
  - a. Only one referee and one representative per team should be involved in the coin toss
  - b. Only the owner of the coin should touch the coin.
  - c. All participants involved in the coin toss must wear a mask.
2. No pregame handshakes shall take place.
3. Uniform or jewelry checks will be visible checks only, maintaining social distance between the referee and players.
4. Team pre-game meetings should be kept brief.
  - a. All participants should be wearing masks and maintain social distances.
  - b. Huddles must be avoided.
5. Player pass cards or game day roster should never be handled by the referee crew. Referees should be shown game day roster before the game. Referees should track player substitutions with their own notes.
  - a. Coaches should call players names and show referee card if requested; all participants in check-in should remain socially distant
6. International walkouts are prohibited.



## Game Time

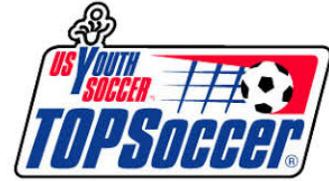
1. **Players and coaches must wear masks while on the sideline.**
2. No handshakes, high fives, huddles, group celebrations, etc., should take place, including when goals are scored, or when substitutions are leaving or entering the field.
3. The following modifications to substitutions protocols are required:
  - a. When subbing into the game, players must social distance from the referees and other players who are subbing into the game.
  - b. If a player is subbed out of the game, the player must stand at least 6 feet away from the other individuals while recovering before putting on a mask.
4. When possible during breaks in play, consider sanitizing balls.
5. Avoid delays in the start of play so that players do not have pro-longed periods of standing in close proximity. For example, encourage all participants to conduct free kicks and set plays quickly so payers do not have prolonged periods in shoulder to shoulder defensive walls.

## Halftime

1. During halftime, referees, players and coaches must maintain at least six feet distance between each other and wear mask.
  - a. If a player needs to recover before participating in halftime activities, the player must stand at least 6 feet away from the other individuals before putting on a mask.
2. Players should sanitize their hands.
3. Coaches should limit the amount of time the entire team is near the bench area at one time.
4. Referees should sanitize their own equipment.

## Considerations in the Case of Injuries

1. The Referee should maintain social distance from the injured player while determining if medical attention is necessary.
2. If needed, coach or medical professional from the injured players teams to enter the field and attend to the player while wearing a mask and gloves, if appropriate.
3. The referee should remind the other players to keep their distance from each other and the injured player, during the break in play. Players should not congregate.



## Post-Game

1. No post-game handshakes will take place. Consider other forms of sportsmanship or instituting new acknowledgement traditions such as clapping, etc.
2. Teams must pack up and immediately leave the field following the game.
  - a. Post-game meeting must be kept brief and all participants should wear mask.
  - b. Huddles must be avoided.
3. Do not have team snack that is shared among the team members.
4. Players must not take off any equipment until they have left the facility.
5. Teams must clean up team sideline so that it is clean of all trash.
6. All equipment, including benches, balls, flags should be sanitized.
7. Spectators must maintain social distance following the game
8. Any referee with a confirmed case of COVID-19 should notify any clubs involved in competitions worked by that individual within the last 14 days.
9. Any club notified of a confirmed case of COVID-19 in a player or coach should notify any other organization involved in competition with that individual in the 14 days prior to the diagnosis of COVID-19.

## Inclement Weather

1. All participants and spectators must return to their vehicles in the event of inclement weather. When possible, individuals in the car should be limited to members of the immediate family. If non-family members must be present in the vehicle, everyone in the vehicle must wear mask.
2. If inclement weather is forecasted, consider taking a conservative approach by communicating delays or cancellations well in advance of the start of the game.